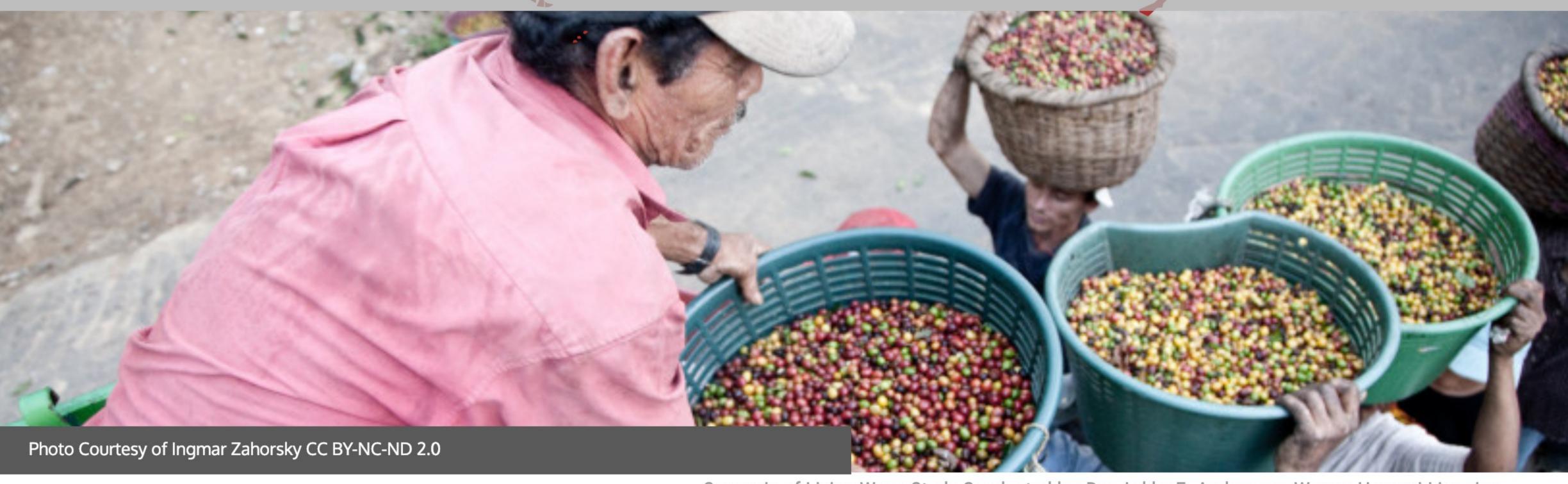
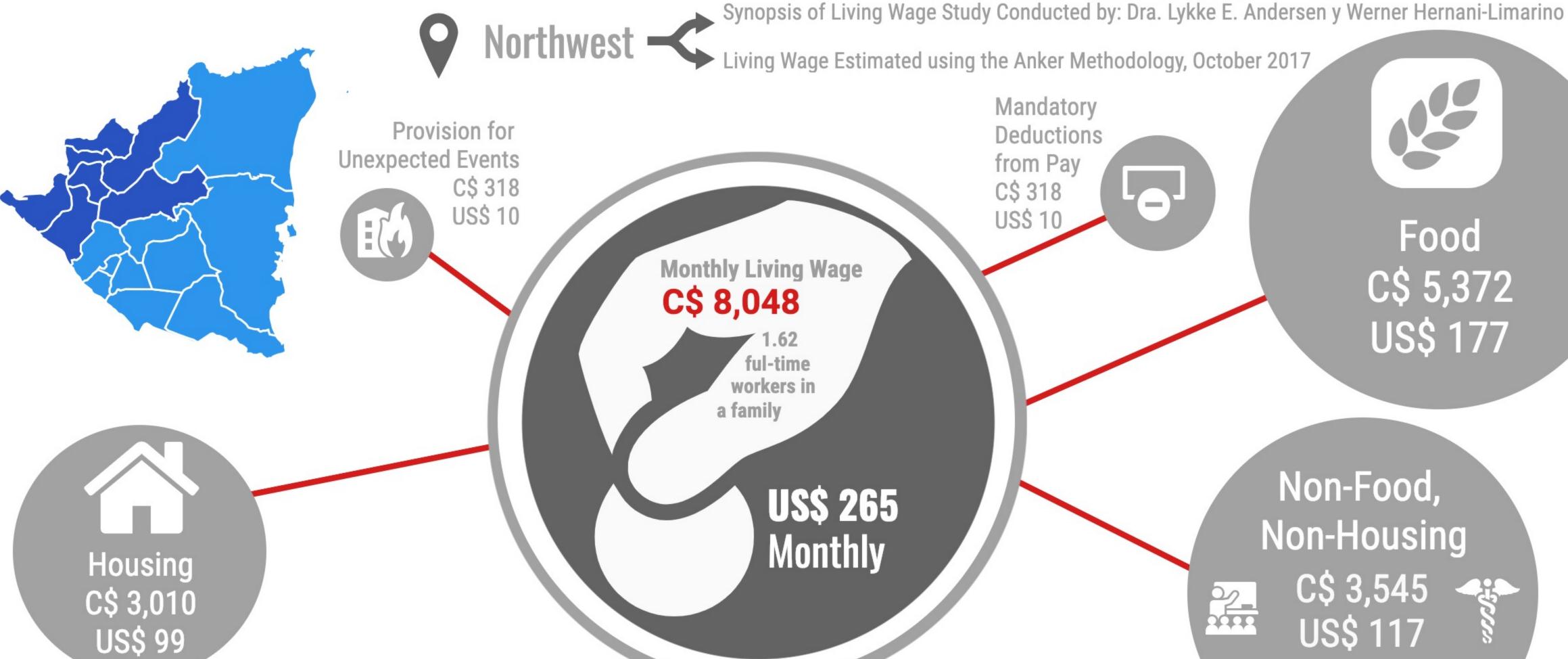
Global Living Wage Series Nicaragua

Northwest





Living Wage Estimated using the Anker Methodology, October 2017

Food C\$ 5,372 US\$ 177

Local Housing Standard

- Cement / stone / brick walls
- Ceiling and floor built with durable materials
- Toilet or latrine
- Sufficient number of windows for ventilation and adequate lighting
- Electricity
- Piped water inside the property for urban areas tap / nearby public well acceptable for rural areas
- Good ventilation required when cooking inside the house
- 36m2 size (social housing standard)
- 1 bedroom and a room for the family
- Electric lighting

- Model Diet edible grams per person per day
- 300 gr corn tortilla (six corn tortillas)
- 125 gr rice
- 25 gr white bread (one slice bread per day)
- 15 gr pasta
- 33 gr potatoes (three portions of potatoes (typically fried) per week)
- 30 gr green plantains (three portions green plantains (typically fried) per week)
- 85 gr beans
- 122 gr cow's milk (one cup of milk per day (for kids))
- 27 gr cheese (five thick slices of cheese per week)
- 36 gr eggs
- 36 gr chicken meat (three small portions chicken

Non-Food, Non-Housing C\$ 3,545 **US\$ 117**



- 12 gr beef (one small piece of beef per week)
- 15 gr canned sardines (one portion canned sardines per week)
- 140 gr vegetables (35 gr cabbage, 35 gr onion 35 gr tomato, 35 gr ayote)
- 70 gr fruits (35 gr banana, 35 gr orange (one banana or orange per day))
- 31 gr oil (two spoons of oil per day)
- 30 gr sugar (seven teaspoons of sugar per day)
- 7 gr coffee (two cups of coffee with



Coffee, bananas and other labor-intensive agricultural products

Key Values and Assumptions



- 48 hour work week
- 24-26 working days per month

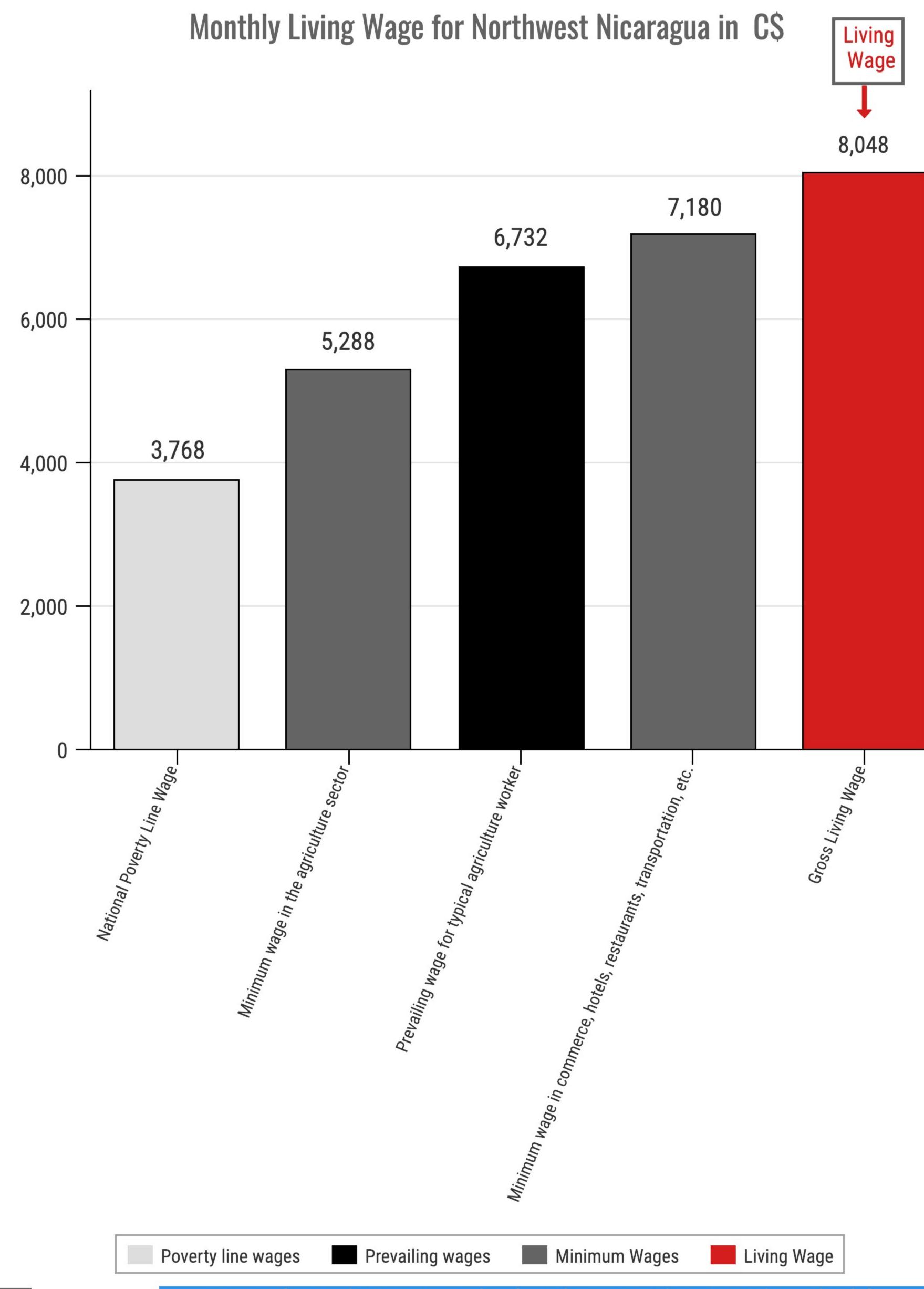


 Exchange rate US \$1 = 30.40 C\$



- Family size of 4 people
- 2 adults, 2 children
- 1.62 full-time workers per family

Monthly Living Wage = ((food + housing + nonfood, non-housing + provision for unexpected events) ÷ number of full-time workers per family) + mandatory deductions from pay



www.globallivingwage.org



Members of the Global Living Wage Coalition: Fairtrade International, Forest Stewardship Council, GoodWeave International, Rainforest Alliance, Social Accountability International, Sustainable Agriculture Network, and UTZ. In association with the ISEAL Alliance and Richard Anker and Martha Anker.

